

- ◆ Unique design allows three exercises. Angled back pads and arm pads ensures user comfort while performing leg raise.

- ◆ **DIMENSION:**
Length : 63 inches / 160 cms
Width : 30 inches / 76 cms
Height : 83 inches / 211 cms

- ◆ **MUSCLE WORKED:**
Rectus Abdominus
Hip Flexors
Biceps Brachii

